

## Holy Cross Monastery



Located on a bluff, about an hour north of New York City, on the western bank of the Hudson River, Holy Cross Monastery is a Benedictine place of prayer of the Episcopal Church. The monks graciously welcome all who come. The monastery is a lovely setting with comfortable private rooms and simple yet exquisite meals. We join the monks in their five offices of prayer throughout the day. In the evening, starting at 9:00 p.m., we are invited to participate in the Greater Silence, a time for quiet that continues until the Eucharist.



If you are a first-time visitor to Holy Cross look for: "Visits to the Monastery" and click on the "What to Expect" page.  
<http://www.holycrossmonastery.com>.

## Thompson Memorial Presbyterian Church

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## PRAYER RETREAT MAY 30 – JUNE 2, 2017 HOLY CROSS MONASTERY



*Our retreat begins on Tuesday,  
May 30 2017, at 5:00 p.m.  
and concludes on Friday, June 2, 2017,  
following the noon meal.*

Retreat Theme

***In Constant Prayer***  
by Robert Benson

***"So you want to meet God. Exactly  
when and where will this meeting  
take place?"***

***At some point, high-minded  
discussion about our life of prayer  
has to work its way into the  
dailyness of our lives. At some  
point, we have to move from talking  
about prayer to saying our prayers  
so that the marvelous that is  
possible has a chance to appear."***

Holy Cross Monastery  
1615 Route 9 West  
West Park, New York 12493



**Join Us...** Come and join a group of friends from a number of churches at Holy Cross, an Episcopalian Benedictine monastery; for time away from the rush and crushing pace of life. This three- night, four day retreat affords the time to step away from the regular demands of our lives and to enjoy a place of rest and welcome.



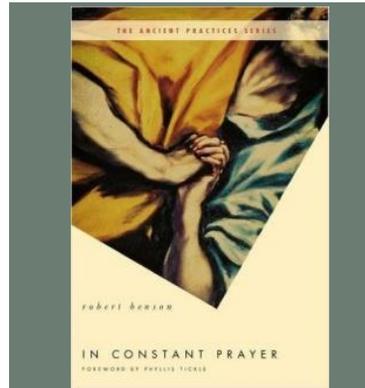
Pastor Stuart Spencer leads a study of biblically-rooted daily prayer. Our group meets for sessions on the mornings and evening of each day. Within those gatherings we learn, share, and pray. The days of the Prayer Retreat afford plenty of time for personal prayer, meditation, conversations, reflection, exploring the book store, hiking, and enjoying a delicious meal or a cup of coffee.

### ***In Constant Prayer* by Robert Benson**

#### **What does it mean to pray without ceasing? Is it really that important to pray as the early Church did?**

In this installment of *The Ancient Practices* series, Robert Benson presents a structure for our lives where we can live in continued awareness of God's presence and reality. A pattern for worship and prayer that is offered to God at specific times throughout the day, the daily office is meant to be prayed by all the faithful so the Church may be continuous and God's work in this world may be sustained.

Yet it is highly personal too—an anchor between the daily and the divine, the mundane and the marvelous.



*Copies of the book will be distributed on Tuesday, the first evening of our retreat.*

**What to bring?** Pack comfortable clothes and shoes, toiletries, a Bible, pens, a journal. The monastery provides bed linens, towels, and all meals.

#### **Registration** (*Complete & return*)

Cost: \$250 for three nights (Tuesday, Wednesday and Thursday):

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please note one:

\_\_\_ I will drive on my own.

\_\_\_ I would like to carpool from Thompson Church.

\_\_\_ My spouse and I wish to share a room.

Note: Participants are responsible for their own transportation to and from the monastery. Rides can be shared. Some will gather to arrange rides and depart from the parking lot of Thompson Memorial Presbyterian Church. Drivers will leave around noon Tuesday, May 30, and return to New Hope by 4:00 p.m. on Friday, June 2. *Checks should be made out to "Thompson Memorial Presbyterian Church."* On the memo line write: Holy Cross Prayer Retreat.

**Online registration and payment is now available! Visit the Thompson Church website, click on the "Life Together" page and look for the retreats page.**

<http://tmpc.org/retreats/>.

Scholarships are available. Please contact Stuart Spencer.

**Registration forms and fees are due to the Thompson Church Office by Sunday, April 30, 2017.**

*If you need to cancel your plans after you register, the church may be unable to refund any or all of your funds.*